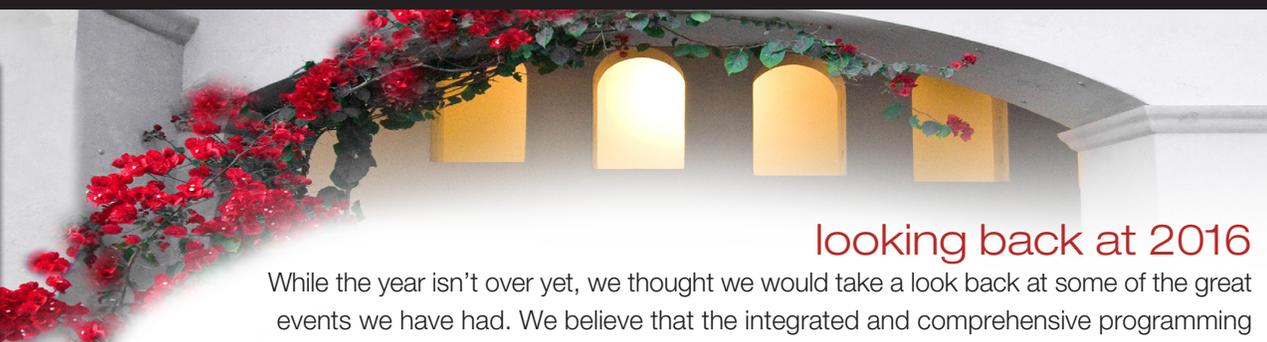


“Shoot for the moon and if you miss, you will still be among the stars.”

Les Brown

Don't Forget To Mark Your Calendars!

2017
 Join Us For Our **Community Dinners**
 January 11th, April 26th,
 July 12th, October 11th
Special Holiday Community Dinner
 December 6th
 All dinners are held at Casa de Amma and begin at 5:30 pm. They include a short program, dinner and dessert.



looking back at 2016

While the year isn't over yet, we thought we would take a look back at some of the great events we have had. We believe that the integrated and comprehensive programming offered by Casa de Amma is an important part of what makes us so successful!



STEP CHALLENGE



CRUISE



KICKBALL



TRIATHLON



CASA DE AMORE



IAC SYMPOSIUM

INDEPENDENT APARTMENT COMMUNITIES
 ONE SIZE DOESN'T FIT ALL
 Examples of unique differences in IAC's



TALENT SHOW



BIG BEAR



what I am most proud of!

As 2016 draws to an end, some of our residents reflected on their accomplishments and shared what their goals and plans are for the upcoming year. At Casa de Amma each year brings growth, maturity and new achievements so we asked what they thought their biggest success was this year.

I am proud I completed the CDA Step Challenge with my friends. - **Ellen**



This year has brought two great accomplishments for me, getting a real job for pay and earning real money, and not having any seizures all year!
- **Brad**

I had a big accomplishment of sticking to my budget and saving a lot more money.
- **Shari**



I am very proud that I have stayed committed to my work and exercise when I'm getting treatment for my cancer. - **Jorge**



I'm proud of my job at St. Margaret's school and all my friends I have now.
- **Chris**

Having so many friends and keeping my apartment cleaner. Also helping my friends who can't walk well to get in and out of the car and pushing their wheelchair. - **Ashley**

I am very proud that I've become more independent this year and working out more.
- **Todd**



I am proud to work at my job "Miles for Autism." I enjoy helping the manager and learning new things. I'm proud to work there because they help people with Autism.
- **Sabrina**

I'm most proud of getting my poetry book "A Challenged Flower" completed and published.
- **Meghan T.**



www.casadeamma.org